

NĀ-UYANA DHAMMA LEARNING PROGRAMME

Nā-Uyana Aranya is going to start with a Dhamma learning programme in the next mid of 2016. This learning programme is a 4-year course, learning subjects are including the Vinaya, Sutta, Abhidhamma, Pāli and meditation practice.

Location is a 75 acres coconut land which 4km away from Nā-Uyana Aranya. First few years of the facilities is limited until constructions complete.

Application open for both male and female, priority will be given to monks and nuns. If chances there, lay people also can get opportunity to apply.

If you wish to join, please kindly email to nauyana@gmail.com

NĀ-UYANA DHAMMA LEARNING PROGRAMME SCHEDULE

4:00AM	Wake – up
4:30AM – 5:30AM	Meditation
5:30AM – 6:00AM	Chanting
6:00AM - 8:00AM	Breakfast / cleaning
8:00AM -10:00AM	Learning
11:00AM – 12:00PM	Lunch
13:00PM – 17:00PM	Learning
18:00PM – 20:00PM	Chanting and meditation
20:00PM	Personal Time